Mushroom and Sausage One-Pot Meal

- Mandy King, Money Bowl PDX

INGREDIENTS

Rice 1 1/2 cup (white, brown, or mix half white and half brown rice)

Chinese style sausage 1 1/2 cup, sliced

Carrots 1 cup, cut in half inch cubes

Peas 1 cup

Corn 1 cup

Mushrooms (shitake, or your favorite) 1 cup, sliced

Ginger, 3 half inch thick coins / slices

Green onions, thinly sliced (optional topping)

Fried Garlic (optional topping)

Sauce:

Chinese cooking wine (Shaoxing wine), 1 Tablespoon

Soy sauce, 4 Tablespoons

Oyster sauce, 2 Tablespoons

DIRECTIONS

Chop veggies and slice-up sausage.

Mix sauce ingredients in a small bowl and set aside.

Rinse the rice - two times.

In the rice cooker pot, mix rinsed rice and the sauce together.

Put all the ingredients over the rice. Veggies, then sausages, then the ginger.

Add enough water to just cover all the ingredients.

Place pot in rice cooker, close and turn on the rice cooker.

When the rice cooker finishes, wait 10 minutes before opening.

Mix the rice and cooked ingredients. Scoop into a cereal bowl, pat flat with spoon, then turn the bowl / contents onto a plate for a perfectly plated serving.

Optional to add some green onions and fried garlic on top. Enjoy!

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